

# VITALITY

## *Sensational Salads*

### *Vitality Chicken Salad*



#### **Ingredients:**

- 4 cups shredded cooked chicken breast
- 1 cup red grapes sliced into half
- 2 cups chopped celery
- 2 tsp. fresh lemon juice
- ¼ cup roasted chopped walnuts
- ¼ cup lite mayonnaise
- Salt and pepper to taste

#### **Directions:**

1. Mix all the ingredients in a bowl until combined. Enjoy.