

# VITALITY

*Sauces, Salsas, Slaws and Dressings*

## *Citrus Dressing*



### INGREDIENTS:

- 2/3 cup extra virgin olive oil
- 6 to 12 drops of Liquid Stevia
- 3 tablespoons water
- 2 tablespoons white wine vinegar or apple cider
- 4 teaspoons minced garlic
- 1 tablespoon Dijon Mustard
- 2 teaspoons fresh lime juice
- 2 teaspoons fresh lemon juice
- 2 teaspoons fresh parsley, minced
- 1/2 teaspoon dried basil
- 1/4 teaspoon dried oregano
- 1/4 teaspoon sea salt
- 1/8 teaspoon fresh ground black pepper

### DIRECTIONS

Whisk everything in a bowl.

Whisk for one minute until mixture forms an emulsion. Cover and chill (we use our Nutri

Bullet to blend all the ingredients and this comes out great).